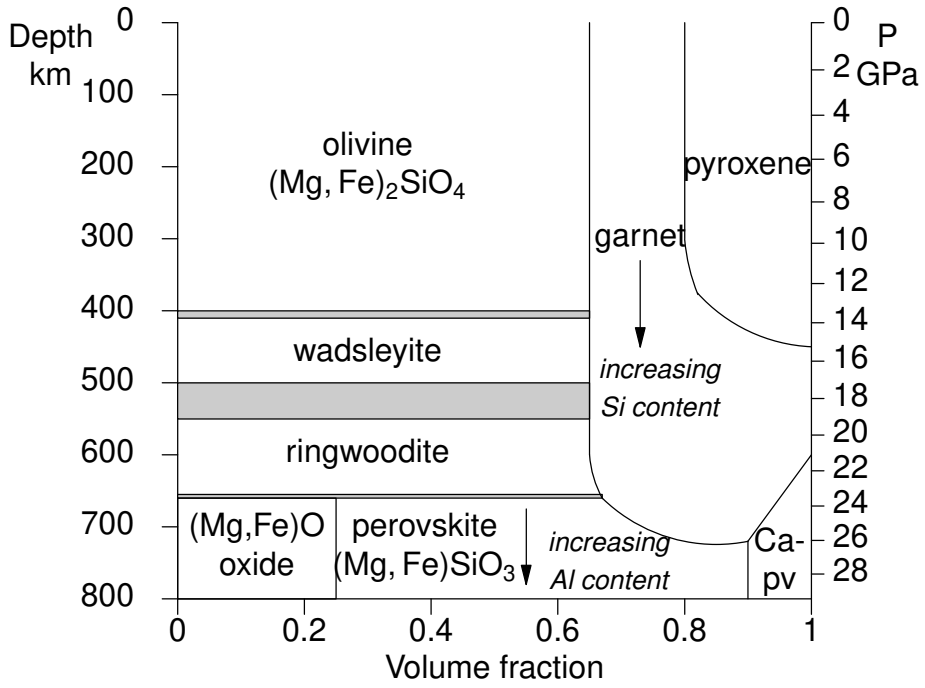

(Helffrich, 2003)